



Sunday 6 October 2024

## A message from Rev. Aaron Moad

Part 2: Patience, Kindness, and Goodness – Extending Grace in a Hurried World

Last week, we reflected on the first three **Fruits of the Spirit**: love, joy, and peace. These are foundational virtues, they mark the life of a believer, reflect God's character and set the tone for how we live in harmony with others. This week, we turn our attention to three more fruits that help us extend grace and compassion: **Patience, Kindness, and Goodness**. These virtues don't always come naturally to us, but through the work of the Holy Spirit, we can grow in them and display them in our daily lives.

- Patience: Patience, often tested in our fast-paced world, is the ability to endure difficult circumstances or delays without becoming angry or upset. It's a quiet strength that allows us to trust in God's timing rather than our own. James 1:4 "Let perseverance finish its work so that you may be mature and complete, not lacking anything", reminds us that patience leads to maturity and completeness. In our daily lives, patience might look like taking a deep breath when things don't go as planned, whether it's sitting in traffic, waiting in line, or facing challenges at work or home. It's easy to lose our cool, but the Holy Spirit empowers us to remain calm and collected, trusting that God has a plan even in our frustrations. Patience also extends to how we treat others giving people room to grow, forgiving mistakes, and offering grace rather than criticism..
- **Kindness**: Kindness is the visible expression of love. It is compassion in action. When we are kind, we show people their worth and value. Ephesians 4:32 calls us to "be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." Kindness is not just about being polite; it's about intentionally looking for ways to bless others and meet their needs. How can we live out

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kindness? It starts with seeing people the way God sees them. Simple acts—such as offering a smile, helping a neighbour, or listening to someone who needs to talk—can have a profound impact. In our world, where harsh words and quick judgments abound, kindness stands out as a powerful testimony of Christ's love. We don't need grand gestures; sometimes the smallest act of kindness can turn someone's day around. As the Holy Spirit works in us, kindness becomes a natural overflow of our heart.

**Goodness**: Goodness is closely related to both kindness and moral integrity. It is the desire to do what is right, even when no one is watching. In Ephesians 5:9, Paul says, "For the fruit of the light consists in all goodness, righteousness, and truth." Living out goodness means making choices that honour God and reflect His character. It means being honest, generous, and committed to justice. In a world where moral lines are often blurred, living out goodness means standing firm in the truth of God's Word and reflecting His character in our decisions. In our daily lives, we can practice goodness by being fair in our dealings, standing up for what is right, and being generous with our time and resources. Goodness isn't about perfection, but about having a heart aligned with God's values and seeking to make the world a better place.

Next week we will look at the final three **Fruits of the Spirit**, **Faithfulness, Gentleness,** and **Self-control**. But as we reflect on the second three Fruits of the Spirit— **Patience**, **Kindness**, and **Goodness**—let's remember that we don't do it in our own strength. The Holy Spirit works within us to produce these qualities as we yield to His leading. Pray for opportunities this week to grow in patience, extend kindness, and walk in goodness.

Grace and peace, Rev. Aaron

## Acknowledgement of country

Banora Point Uniting Church acknowledges the Bundjalung people, the traditional custodians of the land on which we meet, we pay respect to their Elders, past, present and future.

## <u>Today's Bible Readings</u> Psalm 26 Hebrews 1:1-4, 2:5-12

What's Happening This Week			Other upcoming events for your diary	
Tuesday Wednesday Thursday	Church Council Meeting 7pm Prayer Meeting 8am Book Swap, Coffee & Chat 9.30am Fellowship Lunch 12 noon Men's Bible Study 8.30am KYB (CWCI) 10am		Book Swap, Coffee & Chat 16 October 9.30am Evening Bible Study 17 October 6.30pm Craft Club 18 October 9am Chaira Companions 20 October 1.30pm Mainly Music 22 October 9.30am Men's Breakfast 26 October 8am Pastoral Care Meeting 8 November 10.15am	
<u>A thank you from Elizabeth</u> —Thanks to all who donated produce at last Sunday's creation service. A total of \$244 was raised, going to support our SRE teachers in our local high schools.			Elder's Meeting 12 November 4.30pm Fellowship Lunch 13 November 12 Noon Church Fete 23 November 8am BCC Family Fun Day 7 December 3pm	
Church Roster			Church Council Meeting 10 December 7pm	
	<u>Today</u>	<u>Next Sunday</u>	<u>Samaritan's Purse Christmas Child</u>	
Kids' Church	N/A	N/A	Many thanks to everyone who has taken a box to fill. This is a wonderful project, and we encourage you to be a part of it. It would be lovely if we could fill all our boxes, and there are still some available in the foyer and in our hall. Please also see the leaflets which explain the project and give very good gift ideas. A donation to cover project costs per shoebox is detailed on the leaflet and is strongly encouraged	
Duty Elder	Walter	Elizabeth		
Organist/Pianist	Audrey & Mel	Jill & Mel		
Greeters	Noah &Lorraine W	Terryll & Robyn		
Bible Readers	Nigel & Terryll	Robyn & Dorothy B	please. <u>Final date for the return of the boxes is next</u> <u>Sunday, 13 October.</u>	
Prayers for Others	Elizabeth	Terryll	<u>Fellowship Lunch</u> Everybody is welcome to join the 'Happy Lunchers'	
Morning Tea	Shirley T & Dorothy McA	Hazel & Stephanie	at 12 noon on Wednesday 9 October in the "Secret Garden" South Tweed Sports Club for fellowship and Junch. RSVP to Janice by 7 October.	
Hall Set Up	Ross	Walter	Fashion Parade	
Sound Room	Nathan	Elizabeth	Jan & Mary would like to thank everyone who had	
	Lorraine & Helene ole to do your roster, <b>p</b> o <u>AND</u> let Janice know		anything to do with the success of the Fashion Parade. Without all the help, it wouldn't have been possible. There are too many to thank personally, but all the donations, slices, etc—a big thank you, plus	
There Is Support Available			the girls in the kitchen for all their hard work. Lastly, we couldn't do it without the help from our men folk.	
If you or someone you know is in need of help or support please let us know and how we can help			Thank you all.	
by calling either; Rev. Aaron: 0411 325 527			<u>Welcome</u>	
or Your Pastoral Carer			A warm welcome to Rev Brad Foote, from Newlife in Robina, who will be leading our service this morning.	
Offerings				
As the Body of Christ here at Banora Point, there are many ways we can contribute to Christ's ongoing mission. Volunteering in local community groups is one way we can be the presence of Christ sharing the Gospel in action in our				

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Another important way we can contribute to the mission of Christ at Banora Point Uniting Church is financially. The offering enables the Uniting Church to have a continued presence in Banora Point, it allows us to run our current outreach programs and will help us meet the changing needs of our local community in the future. Our offerings are received physically during the Worship Service every week or if you prefer you can choose to give electronically, directly into our account. You can do this by direct debit or at your local Commonwealth Bank branch. Please contact Neil Rackham if you need any assistance.

Banora Point Uniting Church Bank details are: Account Name: The Uniting Church in Australia Banora Point Church (*Note: Your Bank website may limit the number of characters you can put into the account name box so "The Uniting Church in Aust" is OK*) BSB No: 062 611 Account No: 10120762